

UMN News

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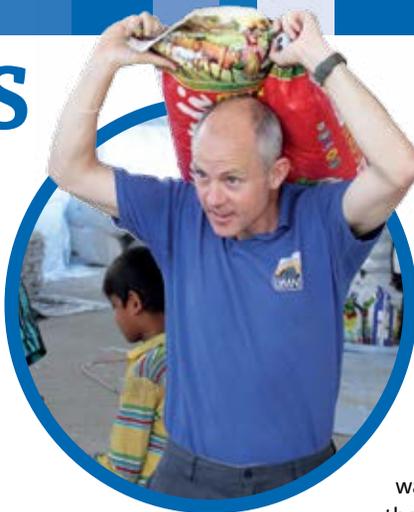
Shattered HOPE



Fullness of life for all, in a transformed Nepali society

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Dear friends,

THE 25TH APRIL 2015 will be a date etched into Nepal's collective psyche. The 7.8 magnitude earthquake that struck central Nepal shattered the hopes of thousands of people across Nepal in less than a minute. Family members were injured and killed, houses representing the investment of many years reduced to rubble; livestock, food and possessions buried beneath that rubble. When all we have is taken away from us, where then do we look for help and hope?

In this edition of **UMNews** we focus on UMN's initial response to the disaster, and our longer-term plans for rebuilding the hope that was shattered on that day and in subsequent aftershocks. Soon after the disaster, someone asked me how many decades I thought Nepal's development had been set back. While certainly many years of development

gains, particularly in terms of infrastructure, have been lost, there have been many deeper-level changes that have not been set back – transformational changes in attitudes and values. Indeed there have been many encouraging stories of how this tragedy may in the long term impact positively on these. The response by local community groups, young people, churches and others has been inspiring and has crossed traditional boundaries of caste, faith and gender, breaking down some of the long-held attitudes that have stifled Nepal's development. One example of this was a comment from a senior government official about UMN's relief response: "I never knew that women could work so hard and so intensely." Our response team in Dhading has been headed up by women, and his comment reflected the incredible commitment of our staff and volunteers – often working literally night and day to get relief supplies out to remote communities.

For the UMN family it has been a stretching and challenging time, coping with our own responses to the trauma and the impact on our own families, while working hard to meet the needs of those worst affected. And yet through this we have been drawn closer to each other and even been surprised by how much we can achieve together! While the earth beneath our feet has continued to shake, we have also been frequently forced to reflect on where we place our hope – on things that can so easily be destroyed and taken from us, or on the Rock that does not fail, our God who does not falter.



MARK GALPIN
Executive Director

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Shattered HOPE

APRIL 25 – A STATE OF EMERGENCY was declared in Nepal. This will be the dividing time in the recent history of this country. It was big. It came and went, leaving ugly scars behind. Not a single soul was prepared for the violent shake. When it struck, it shook up everything and everyone, as though it was angry and demanding something of us. This earthquake was the most powerful to strike since the big one of 1934.

Kristina (6) and Krishala (3) are sisters. As on most weekends, Kristina was playing “mummy/daddy” with their neighbourhood friend Aaron on Kristina’s roof top. Suddenly the game stopped. Children ran, stumbling over falling bricks and concrete and over each other. Kristina’s house collapsed. From below the rubble the little “mummy/daddy” were pulled out hugging each other. Sadly, Aaron did not make it.

Aaron’s mother has a stack of unanswered questions. “Why did he go to play in that house? Our house is stronger. Why didn’t we die as a family? Why him?” Aaron was a miracle baby; the doctors had said that she wouldn’t be able to conceive. She had him after seven years of prayer. When will Aaron’s mother find her answers? Will she ever? She had dreams for little Aaron. She was the proud mother of this six-year-old who had just started at a new school, with a brand new uniform and shiny black shoes.

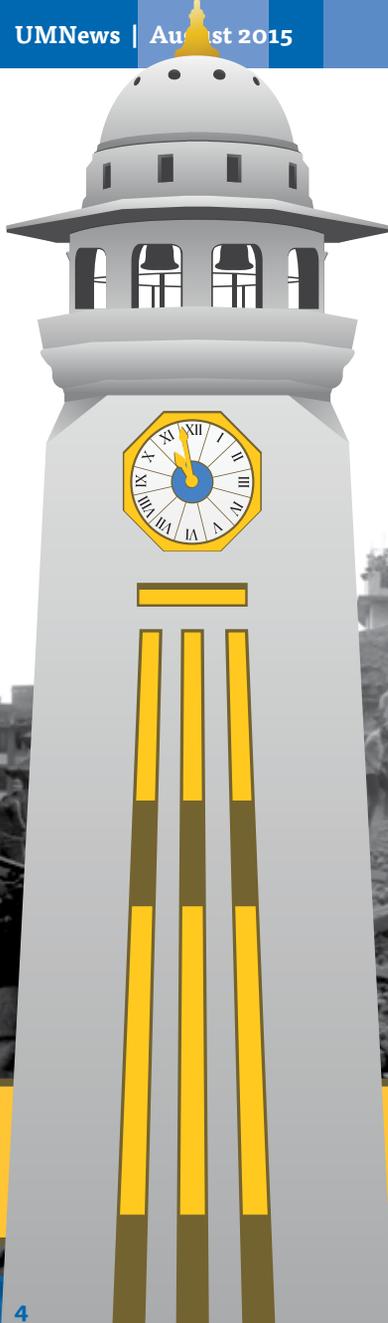
This is one story of the thousands who are dead, injured or traumatised. Somebody showed love to these girls, visiting them just a few days after the disaster, giving them dolls and coloured pens. When asked what they would draw, Kristina said, “a house”. They got busy with their dolls and colours.



Life must move on after the earthquake. As a country, we are numb and we don’t have answers for Aaron’s mother and the thousands like her. The earthquake has destroyed large swaths of the country. But despite this major setback, Nepal is rising from the rubble, from shattered dreams and the memories of defaced cities and countryside.

Villages have been wiped out, people who were already living in poverty were some of the hardest hit by the ‘quake. The disaster was not class or caste conscious. No matter which ethnic background or caste, all felt the pain and the loss together. Nepal in this time of crisis has been blessed by the generosity of people from around the world, demonstrated in countless ways. That is what has restored courage and hope when we needed it most. We fell together and we will rise up together. Nepal’s task now is to rebuild: we will rebuild our lives and our dreams, one brick at a time, and one day at a time.

VIJETA MANAEN
Communications Advisor



FAUDAR RAI
Compound Team Assistant

Faudar had a paint roller in his hands at 11:56. He had come in to work at UMN on Saturday to paint an office room on the first floor of one of the older buildings. Just as he was working on the last bit around the door, he felt the building shake, but he stayed on. The shaking kept going, so he thought it was time to get out. Faudar had just recovered from a broken ankle, so he panicked at that point, as he couldn't go down the narrow stairs fast enough. Fortunately, there were only minor cracks in the old UMN buildings.



SABINA MAHARJAN
Senior HR and Administrative Officer

Sabina had finished writing her exams and was in the classroom waiting for another class test. When the earthquake struck she dived under her desk and stayed there until the shaking stopped. "It seemed to go on forever," says Sabina. She could see the walls of her classroom cracking. When she finally emerged from under her desk, the classroom was empty. She ran down one floor to the compound; everyone had run out except her! It wasn't until about 4:00 in the evening when she was able to get in touch with her parents and her one-and-a-half-year-old son.



DAMODAR PANDIT
Rehabilitation Coordinator

Damodar was about to get off the bus when there was a big push. He got a little cross with the driver for hitting the brakes so hard. Next second, he knew it was an earthquake. Things around him got messy and chaotic. He was just a few metres away from the Dharara Tower, so he ran to take a look at it. A massive cloud of dust was all he could see.



"Where were you when the earthquake came?" So many friends greet each other with this question in Nepal now-a-days. None of us will ever forget! Here, some UMN staff share their experiences.

IN THE ANCIENT VILLAGE OF HARISIDDHI, it was time for the garlic bulbs to be harvested. Most families had their late morning meal, packed some snacks and water for the afternoon and set out to their fields, leaving the grandparents and the children home.

It was a perfect day and was going as planned, until the ground started shaking violently and, in the space of a minute, everything changed.

Shrina, UMN's Senior Funds Management Officer, was in her mother's house in Harisiddhi with her four-year-old son Bless. What she saw when she got out of the house after the quake was shocking. Dust was everywhere from the collapsed houses, people were out in the street crying, many were trapped and buried inside. She held on to her son and didn't know which way to run. People started digging and pulling out bodies, but this was very risky as the aftershocks kept triggering further damage, leaving people in a great panic. Reaching open ground, Shrina found herself working with others, helping wounded people. Despite the aftershocks, she tried to

stay strong. She ripped strips of fabrics from shawls and scarves and used them to stop the bleeding. When her aunt's body was pulled out in a very bad shape, she could no longer take it. She broke down, and checked her pulse once again to make sure. No, she was gone.

In the evening, about 40 people huddled together under a single tarpaulin to spend the night. Because it was so crowded, there wasn't space to sit comfortably; standing was better. She was not allowed to go inside the house to get her cell phone and money; it was badly cracked, and the house opposite theirs could collapse any minute. Hungry, she managed to give her son a little of the snacks that were distributed by neighbours. Everything had become precious, even shared drinking water. Her second night at the tent was the worst one. Heavy rain didn't help at all. She borrowed a jacket from someone and covered Bless to keep him warm. She remembers thinking that maybe it would have been better if we had died. "It was a foolish thought, but I was really desperate and frustrated."



UMN has provided temporary shelter for 4 families whose houses were made uninhabitable, and will provide support for families who will need to demolish their houses and rebuild.

WHEN HARI WAS ABLE TO GET ON THE PHONE to his brother half an hour after the earthquake, he was shocked with the news: "The family is safe but the house is damaged," his brother told him.

Hari is a temporary staff member in UMN's Office Support Team. He was helping with the paint job at UMN on 25 April. He says: "It is amazing that nobody was injured, as we had around 30 people at our place that day." There was a religious ceremony and lunch planned, and the family expected around 60 guests. At the time of the earthquake, around 20 people were in the ground floor. Luckily no one was hurt. When he got home at around 2:30pm, he saw that the roof of his house was gone and there were big cracks in the walls.

UMN has built him two temporary tin shelters for his large family of ten. Recently, Hari has demolished the top floor, and has been using the damaged house as a store room.



OUR RESPONSE

WHEN THE GROUND STARTED SHAKING on 25 April, none of us really knew what we were in for. We'd done our planning, we'd practised our drills. But the sheer size of the disaster, particularly in the remote northern communities, and the logistical difficulties in reaching them, came as a shock.

UMN isn't set up as a disaster response organisation; our specialties are community development and capacity building. We were grateful for the practical help and advice from more experienced friends from EFICOR and CASA in India, and from Integral Alliance members. We were also able to assist two local Nepali organisations, Rescue Network Nepal (RNN) and Nepal Christian Relief Services (NCRS), in their immediate response programmes. (RNN supported 915 households in various districts, while NCRS gave relief packages to 1965 households, and tin sheets to 10 schools in Gorkha district.)

HERE ARE SOME HIGHLIGHTS FROM OUR PHASE I RELIEF OPERATIONS:

- ➔ Doctors and paramedics from United Mission Hospital Tansen joined with others to provide emergency medical support in Gorkha and Dhading districts. Community health teams at Okhaldhunga Community Hospital reached out into their immediate community with supplies and medical assistance.
- ➔ UMN's Mental Health Team conducted sessions on the normal reactions to trauma and how to deal with them, for churches, schools and NGOs in Kathmandu and beyond (see page 14).
- ➔ UMN's Health Team trained 66 health workers and 117 Female Community Health Volunteers in Dhading in emergency nutrition for at risk infants and toddlers. 2,574 children from two to 59 months were screened, mothers counseled and emergency nutrition supplement provided.

Most of UMN's response was focused on Dhading, one of the most affected districts. UMN was asked by local authorities to provide emergency relief in seven VDCs, four of which were in the remote northern part of the district. Road access was very limited; even walking trails were unusable because of landslides and broken suspension bridges. Access to helicopters was difficult, as there were so few available. We were very grateful to Missionary Aviation Fellowship for their subsidised flights. Eventually, larger World Food Programme helicopters were accessed to handle the bigger loads.

The graphic (right) gives some idea of the scope of our relief work. We really appreciate the many volunteers who helped in warehouses and at distribution centres; our own staff who worked incredibly long hours under difficult conditions; those organisations mentioned above, as well as Samaritan's Purse, which made available some of the tarpaulins, blankets and kitchen kits we distributed; and our supporters around the world – organisations, churches and individuals who entrusted us with funds.

But above all, we are grateful to God, who enabled us to do more than we could have imagined. He gave us strength, hope and wisdom, kept our teams safe on terrible roads, and provided for us when we didn't know where to turn. The verse for June on our UMN calendar says it all: "The LORD is good, a refuge in times of trouble." (Nahum 1:7)

To see more of UMN's emergency response, please visit umn.org.np

relief in numbers

487,225 kg
total rice distributed

64,282 kg
total pulse distributed

31,079 ltrs
total oil distributed

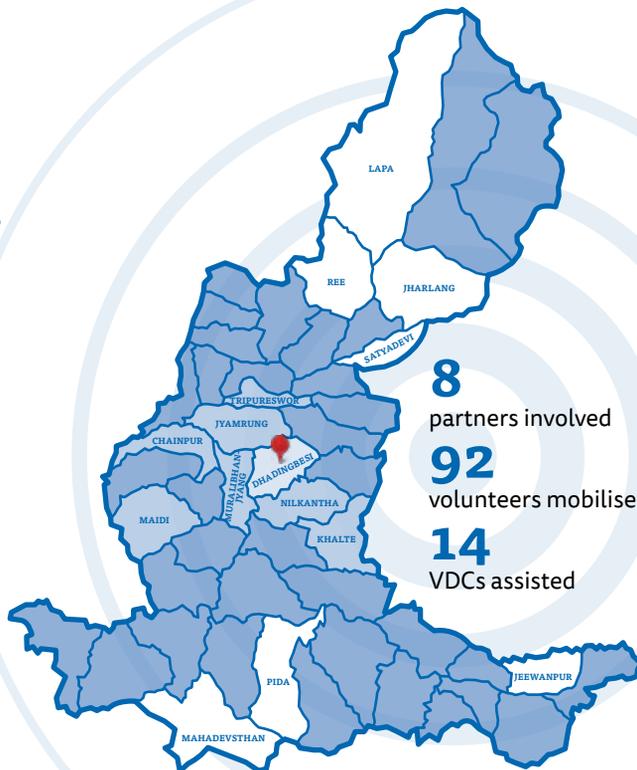
8,362 sets
total hygiene kits distributed

25,257 kg
total sugar distributed

10,625 kg
total salt distributed

10,618
total cooking utensils distributed

9,678 sets
total shelter distributed



8 partners involved
92 volunteers mobilised
14 VDCs assisted

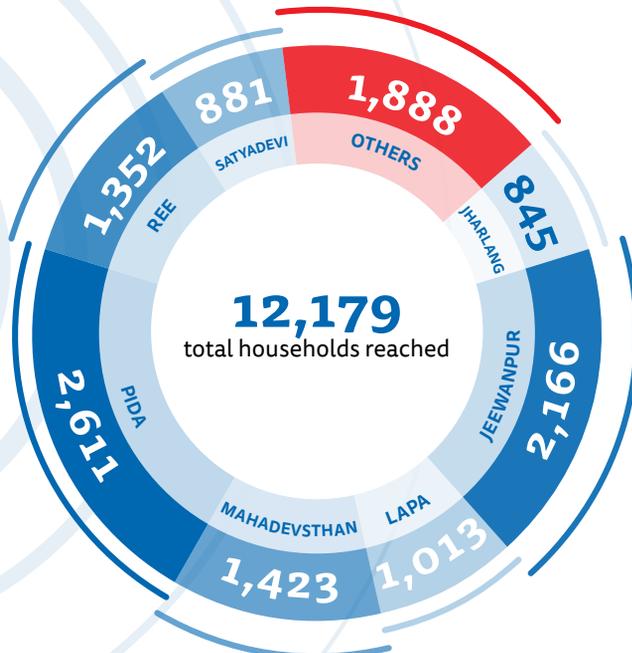
61,000*
individuals helped



TOTAL EXPENDITURE
for Phase I Relief Operations

NRP **117,401,025**

USD **1,148,198**



TOTAL DELIVERIES

206
2,062 hours

2
26 hours

80
14 hours

* approximately, based on the average number of five people per household



Ambika and her family lost their house and everything they own in the earthquake – except their goat! She's a member of a UMN-supported women's group.



Many families, like Birdhar Lama's, are living under a tarpaulin – not a good situation to be in during the monsoon.



UMN's immediate relief effort saw more than 12,000 families receive basic supplies – an extraordinary effort.



Distributions, sometimes over 1,000 people at a time, were orderly and well-managed.



Scores of volunteers worked hard, carrying bags of rice and other supplies, loading and unloading trucks, and helping with distributions.



Use of tipper trucks like this one was donated by a local trucking company. Where there is a will, there is a way!



Many roads were damaged by rockfalls. It took 13 hours of bone-jarring travel to reach Ree in a convoy of trucks and tractors.



Many communities were only reachable by helicopter. Missionary Aviation Fellowship provided these small choppers at a heavily subsidized rate.



For each family: 50 kg rice, 7 kg lentils, 3L cooking oil, tea, sugar, salt and spices; a hygiene kit, a kitchen utensils kit, a tarpaulin and two blankets.



UMN's relief supplies provide much-needed assistance for families like Supriya's, who have lost so much.



hope and restoration

“THANK YOU! You saw our pain from far away and came to help us!” said Seeta Nepali, a 52-year-old mother of four from Asrang, Nepal. Christian Relief Services (NCRS) had just completed their first relief distribution in Gorkha, the district where the first major earthquake in Nepal for eighty years was centred. The devastation in this VDC was not as bad as elsewhere in the district, and yet there were still those, like Seeta, who had lost almost everything. “Tents, everyone lives in tents,” lamented 60-year-old Narayan BK.

NCRS is a small Nepali non-governmental organisation (NGO), and it does not have the capacity or the reach of the big international relief organisations, so it makes a difference by targeting areas that are in danger of being missed by the bigger organisations because they are less affected. UMN has worked with NCRS for nearly ten years, for some of that time in a formal capacity-building partnership. As a faith-based organisation, NCRS seeks to emulate the compassion of Christ through their service, and they have close ties with the Christian community. They have received many appeals from churches in most of the heavily-affected areas. It is difficult to know where to respond first, but they have concentrated on doing what they know and do best. Yet they are also not shying away from new challenges, and are using this as a great opportunity to learn and grow.

UMN has been among the donors who have been willing to facilitate this by providing small grants and capacity-building support, such as technical staff to advise and coach them during this intense period. Through this support, NCRS has been able to reach over 14,000 people, distributing packages containing combinations of food, tarpaulins, blankets, hygiene kits and kitchen kits, according to need, to 2,770 households, and roofing materials to 10 schools. They do not stay close to the safety of home, but reach out to little-known and difficult-to-reach locations, so despite their small size they have reached four of the most affected districts – truly trying to reach those far off. NCRS’s slogan is “Hope and restoration after disaster”, so it is a real joy for them to hear Gorkha beneficiary Krishna Neupane say, “For the first time in weeks we have enough food to look ahead a little.” Thank God for the vision He has given NCRS to enable this.

PAUL WRIGHT

Former UMN Disaster Response Advisor,
currently supporting NCRS’s earthquake response



future RESPONSE



RELIEF, RECOVERY, REHABILITATION, RECONSTRUCTION...

Phase I, Phase II, Phase III. All these are meaningful words for the experts who have come to help us in our post-earthquake work, but hidden behind all the jargon are simply people who need support to get their lives back together. The distribution of relief supplies by UMN is now complete, so people largely have what they needed immediately to survive – food, cooking utensils, blankets, shelter, the means of good hygiene – and are now receiving seeds to grow vegetables and tools for farming.

So what next? Even with immediate needs met, people's houses and toilets are still damaged or collapsed; livelihoods, both on and off farm, have been destroyed as animals were killed, crop fields subsumed in landslides, and trails and bridges used to access schools, health facilities and markets have become impassable. Schools cannot open because buildings are unsafe; nutrition has deteriorated; women and girls are more vulnerable to abuse and human traffickers; and, perhaps above all, people are traumatised and afraid of possible further earthquakes and the landslides that will come with the monsoon.

So over the next two years, UMN will work with communities in five of the seven VDCs where we distributed relief goods. We feel that we need to be focused to have a greater impact. Three of those VDCs will be in the mountainous north of Dhading District and two in the hills of the south. UMN will take a holistic approach, recognising that people's lives cannot

be divided artificially into different sectors. We will continue to support long-established partnerships with local organisations which have detailed local knowledge and cultural understanding, and we will focus our work on the most affected of the poorest people in the community. We will support families to re-build their houses as permanent structures; we will help people to re-establish their livelihoods; we will help communities reduce disaster risk; we will help get children back to school by constructing temporary learning centres; we will ensure good sanitation (toilets, water, hygiene) in schools, health centres and the community; we will ensure good nutrition for children under five years, as well as pregnant and lactating women; we will take measures to prevent the trafficking of girls and women, and to prevent their abuse; we will address trauma issues by establishing trauma healing groups in the community, and by working with children in schools; and we will empower the communities to access their entitlements from the Government by increasing their advocacy skills.

Nepali people are resilient, not helpless; survivors not victims. So in all this work we don't want to do things for the community, but rather empower and equip the communities to do it themselves. In this way, we feel we can also help restore their dignity, and enable them to get back on the development path towards fullness of life.

JERRY CLEWETT

UMN Technical Director

UMN'S COMMITMENT TO RECOVERY AND REHABILITATION

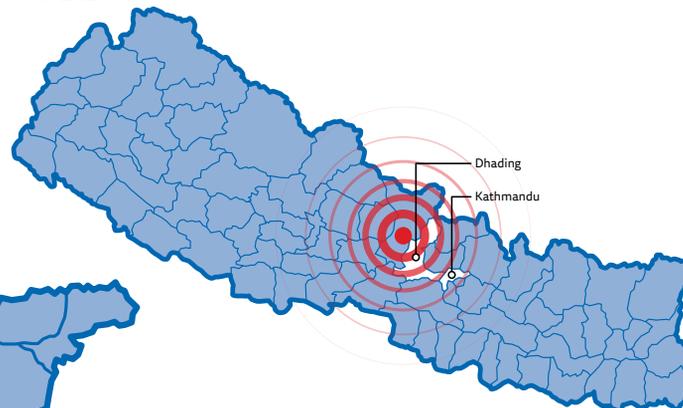
HOW WE WILL WORK

- 1 We will work in the areas where we have long-standing relationships with partners and communities.
- 2 We will link our disaster rehabilitation work with existing programmes.
- 3 We will focus on building the capacity of local organisations and communities.
- 4 We will respect local communities and involve them in making the decisions that will affect their lives.
- 5 We will ensure that the poorest of those living in poverty are prioritised.
- 6 We will minimise the potential for conflict and help build community harmony.
- 7 We will ensure that the needs and interests of both women and men are taken into account.
- 8 We will protect the rights of children and vulnerable adults.
- 9 We will protect the environment and use its resources sustainably.
- 10 We will develop partnerships with other organisations under the co-ordination of local government, sharing information, resources and skills and avoiding duplication.



TIME COMMITMENT

A two-year intensive intervention which will then revert to a general development programme.



STAFF STORIES

KALPANA BASNET

Organisation Development Advisor

Kalpna is also a member of Beyond Beijing Committee. They don't do relief work, but in the wake of the earthquake they couldn't stay away from helping around. Kalpna proposed that they focus on women of reproducing age. They were able to raise NRS 200,000 and set a target to reach out to 500 women in Bhaktapur. They got busy delivering food items and sanitary and hygiene packets. Priority was given to lactating mothers and adolescent girls. After that, Kalpna also went to Sindhupalchowk district for two days with her husband and distributed relief packs to some families there.

SUNILA MAHARJAN

Advocacy Officer

Sunila heard through a Pastor about a village in Dolkha where relief had not yet reached. A group from Sustainable Development Foundation was going to that village with some relief packs and she decided to join them. She also raised some money from her friends in UMN and bought two cases of "Piyush" bottles (chlorine solution) for that village.



RAJANEE NYACHHYON

Senior Funding Management Officer

After the earthquake, Rajanee and her husband went out to Patan Durbar Square in the afternoon. A group of people were working hard digging out and clearing the rubble. Work had slowed down because of the aftershocks. Rajanee wanted to help any way she could. They went to a mineral water dealer and loaded seven cases of mineral water. 168 bottles of water were gulped down and appreciated by all the diggers, who had not had a drink since 11:56 am.

Patan Durbar Square, a UNESCO World Heritage site, suffered extensive damage. 24% of houses were destroyed with 177 human casualties.

PSYCHO-SOCIAL SUPPORT FOLLOWING THE EARTHQUAKE

Traumatic events such as earthquakes can cause psychological wounds as well as physical damage to bodies and buildings. Our nervous systems were highly aroused during the event and much of the experience was temporarily stored while we focused on survival. In the days and weeks following, it may come back to us in various distressing forms. It needs to be processed so that the experience can be "filed away" into our normal memory systems. This is psychological recovery.

In the early weeks post-earthquake, the priority is to provide psycho-education regarding the normal range of expected reactions. It is easy for people to associate intrusive images and emotional upsets with the trauma, so they may need help to realise that their increasing irritability or reduction in powers of concentration are probably trauma-related.

Since the earthquakes, UMN has:

- ➔ provided psycho-education talks to around 1,400 people in NGOs, INGOs, church groups, schools etc;
- ➔ circulated 25,000 psycho-educational leaflets;
- ➔ trained nine Emergency Health Response Facilitators to provide Psychological First Aid in seven VDCs in Dhading district;
- ➔ provided training in basic trauma counseling techniques to over 50 psycho-social counselors so that they can assist people who suffer with distressing mental images.

Of course, in Phase II of our response we will include provision for trauma counseling and trauma healing groups for those whose recovery is delayed or complicated due to pre-existing circumstances or their particular experience of the event and its aftermath.

DR STEPHEN COULTER

Mental Health Advisor



GENERAL AGREEMENT SIGNED!

On Monday 11 May UMN signed a new General Agreement with the Government of Nepal's Social Welfare Council for another five years, effective from 17 July 2015. The Project Facilitation Committee of INGOs, led by the Joint Secretary of the Ministry of Women, Children and Social Welfare, recommended the renewal of the agreement, and it was approved by the Ministry at their meeting on 5 May 2015. This is great news, and secures UMN's legal identity in Nepal for the next five years.

Thanks to all who worked hard to make this happen, but particularly to Sanu Raja Ranjit for his diligent perseverance on this!

EUROPEAN CONFERENCE

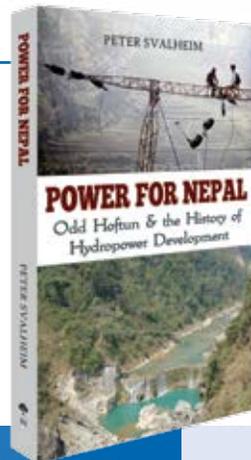
Be a part of 2015 European Nepal Conference, 2nd – 4th October. It's taking place at Christlichen Erholungsheim Westerwald - a Christian Conference Centre in Rehe, Germany. The theme for this year is "Christ at the Centre". This is a great opportunity to meet with people and hear their stories and challenges of the work they do in Nepal.

To get more details and download your booking form go to umn.org.np/nepalconference2015



CHRISTINE SAYS GOOD-BYE TO NEPAL

She is a remarkable woman with a big heart for Nepal. Christine Stone has served here for 33 years and has contributed immensely to education in Nepal. She has worked hard, poured out her ideas and has been an encouragement to many. On 5 June, her contribution to education in Nepal was celebrated and she was honoured at the UMN garden by many friends and colleagues. We thank Christine for being the wonderful teacher she was to so many in Nepal.



BIOGRAPHY OF A UMN HERO

Odd Hoftun's pioneering work in training young Nepalis and in establishing the hydropower industry in Nepal is legendary. Now his biography, "Power for Nepal", has been translated into English from the original Norwegian, and is available from UMN. If you're not an engineer, don't fear --this is a very readable book about a man whose vision was far ahead of his time, and whose legacy lives on in UMN's commitment to building the capacity of Nepali young people. Contact us at communications@umn.org.np for a copy, or purchase on our website. NRP 700 (USD 7) per copy, plus postage.



- Pray especially for the Government of Nepal. A big challenge lies ahead in rebuilding the country. Pray for wisdom and integrity and that the different parties would cooperate and move ahead together in making important decisions for the country.
- Continue to pray for UMN as we enter the second phase of our response to the earthquake, which will be integrated rehabilitation and reconstruction in Dhading. Pray for wisdom and strength as there will be an increase in workload, new job roles and challenges to face for many UMN staff. We will also include provision for trauma counseling and trauma healing groups for those whose recovery is delayed or complicated. Please pray for Dr Stephen Coulter and Shristee of UMN as they lead this important area.
- With the arrival of the monsoon rain, the threat of landslides and mudslides remain high. There are many slopes that have not failed yet, but have been weakened by the shakes. Pray for the government and the organisations that are working to give proper provision and protection for the thousands that live on or near these unstable slopes. Also, pray that these people would not fall sick, as thousands of families living without toilets and running water facilities creates a high-risk situation.
- An estimated 3.2 million people in 14 districts were affected by the earthquake, and 525,000 of them are women of reproductive age. Women interviewed in shelters in some of the 14 districts affected by the quake

say one of their main concerns is the lack of privacy and safety. There are said to be at least 126,000 pregnant women in the affected districts, most of them living in temporary shelters. Please pray that there would be more permanent and safe solutions for mothers and adolescent girls.



UMN'S CROSS-CULTURAL TEAMS

provide opportunities for suitably skilled expatriates to work with Nepali colleagues, sharing technical skills and demonstrating God's loving concern for all people, particularly the poorest and most vulnerable.

Expatriate team members do not receive a salary or remuneration from UMN directly, but are self-supported volunteers, or supported by a sending mission or church in their home country. If you are interested in any of these (three listed below) positions, or if you would like to ask about other opportunities for service in UMN, please contact Valerie Lockwood at expat.recruitment@umn.org.np to learn more. Send your CV or resumé with your email.

PRIORITY NEEDS

COMMUNICATIONS ADVISOR – to take a leading role in sharing UMN's work with an international audience. Great opportunity to work in a strong team and make a positive impact. Excellent written English, proven ability to write creatively, advanced proof-reading skills required. Background may be in journalism, media, English teaching or fund-raising/advertising.

GENERAL SURGEONS AND ENT SURGEONS – for United Mission Hospital Tansen, to deal with both elective and emergency surgery and to teach and mentor junior Nepali doctors. Flexibility, the ability to work in a resource-limited setting and an interest in teaching are required. For visa purposes, applicants must currently be registered with the national regulating body in their own country. Long-term applicants preferred.

FUNDING ADVISOR – is required to initiate and develop fundraising from multiple donor channels, to assist in implementing UMN's funding strategy and to contribute to all aspects of funding activities. Should have previous experience, with good written, verbal and interpersonal skills.





RECOVERY AND REHABILITATION

It may be off the news, but it's not over yet! Thousands of Nepalis are still living under tarpaulins, or in temporary shelters. Schools and health posts need to be rebuilt and re-equipped.

UMN is committed to work in five VDCs in Dhading district over the next two years, to help communities recover and rebuild (see page 13). You can contribute to this important work.

HERE ARE SOME OF THE WAYS WE PLAN TO SUPPORT COMMUNITIES.

Tool Kits for construction or agriculture: NRP **6,100** each

Help the poorest people in the community reconstruct their houses: **500 @ NRP 260,000**

Support for sanitation/toilets: **5,000 @ NRP 3,000**

Immediate repair of water supply systems: **14 @ NRP 150,000**

Training women in kitchen gardening or food preservation:
NRP **71,000** per group; NRP **3,550** per woman

Running a nutrition group: **5 @ NRP 151,000**

Livelihoods: **goats @ NRP 2,000**; **4 chickens @ NRP 800**;
beehive @ NRP 5,000; **4 fruit tree seedlings @ NRP 600**



of **UNITED MISSION to NEPAL**

FRIENDS OF UMN IS A REGULAR MONTHLY GIVING PROGRAMME

Commit yourself to regular giving to UMN, as a "Friend". Decide how much you would like to give monthly, and set this up through our website at umn.org.np/friends



HOW TO GIVE...

- ➔ Make out a cheque or money order payable to United Mission to Nepal. Make a note indicating how you would like your donation to be used. Post it! (to: UMN, PO Box 126, Thapathali, Kathmandu, Nepal)
- ➔ Use your credit or debit card and give via PayPal.
 - ➔ Go to umn.org.np/page/give-paypal and follow the instructions and you will be redirected to the PayPal page.
 - ➔ Use your PayPal information to donate from your PayPal account.
- OR
- ➔ Don't have a PayPal account? No problem, follow the instructions above and click on [Don't have a PayPal account?](#) to make a payment using your Debit/Credit card.



tell others

SHARE STORIES OF UMN'S EARTHQUAKE RESPONSE WITH FRIENDS

- ➔ Go to "News" on the UMN website, and choose from more than 30 stories. Share a story with your church, school, workplace or home fellowship group. If you want to publish one of these stories and need a high-resolution photo, contact communications@umn.org.np
- ➔ Download one of the three short videos about UMN's emergency response from the UMN website. Show it at church or home fellowship; finish by praying for UMN's recovery and rehabilitation work.

GOD IS OUR **SHELTER** AND **STRENGTH**,
ALWAYS READY TO **HELP** IN **TIMES OF TROUBLE**.
WE **WILL NOT BE AFRAID**, EVEN IF THE **EARTH** IS **SHAKEN**
AND THE **MOUNTAINS FALL** INTO THE OCEAN DEPTHS;
EVEN IF THE SEAS **ROAR AND RAGE**,
AND THE HILLS ARE **SHAKEN BY THE VIOLENCE**.

Psalm 46



Fullness of life for all, in a transformed Nepali society

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